

Coast Pediatrics presents...

# "NO, I WON'T AND YOU CAN'T MAKE ME!"

## HOW TO TAKE THE "STRUGGLE" OUT OF POWER STRUGGLES!

Join Parent Coach  
Debbie Zeichner, LCSW, for this fun,  
interactive "parents only" workshop  
where you will learn how to:

- \*Identify what fuels a power struggle
- \*Effectively set limits
- \*Guide children without yelling,  
nagging or lecturing
- \*Increase COOPERATION and FUN  
within your family!

*Sunday, March 29th; 3-5pm  
Coast Pediatrics Carmel Valley  
5965 Village Way, #201  
San Diego, CA 92130*

Cost: \$50/person; \$75/couple



Register at: [https://debbiezeichnerlcsw.com/services/  
upcoming-schedule/](https://debbiezeichnerlcsw.com/services/upcoming-schedule/)

\*Space is limited and pre-registration is required!\*  
Questions? Please contact Debbie at 858.822.8878