

# POSITIVE DISCIPLINE FOR TODDLERS

Tuesday, April 4, 2017 • 6:30–8:30 P.M.

Lawrence Family Jewish Community Center JACOBS FAMILY CAMPUS  
4126 Executive Drive • La Jolla, CA 92037

**BEING A PARENT CAN BE INCREDIBLY REWARDING...AND INCREDIBLY CHALLENGING!**  
Join Parent Coach, Debbie Zeichner, LCSW and other like-minded parents for this engaging and informative workshop that will help you manage the big and small challenges of raising your toddler. Gain the positive discipline tools to help you create a family life with more fun and less struggles!

*(This workshop is best suited for parents with children ages 18 months to 3 years).*



## PARENTS WILL LEARN:

- What positive, mindful discipline is all about (and what it “looks” like in action)
  - What’s happening developmentally during toddlerhood
  - How to guide your child through behaviors such as tantrums, whining, “not listening”
- ...and so much more!

Price: \$35/Person; \$50/Couple

**Register online:** [debbiezeichnerlcsw.com/services/upcoming-schedule](http://debbiezeichnerlcsw.com/services/upcoming-schedule)

**Questions?** Contact Debbie Zeichner: (858) 822-8878 • [debbiezeichnerlcsw@gmail.com](mailto:debbiezeichnerlcsw@gmail.com)

